

Positive Personal Profile

Name: Abbey

Date:

<p style="text-align: center;"><i>Dreams and Goals</i></p> <p>Live in my own apartment with roommates. Go on a trip.</p>	<p style="text-align: center;"><i>Interests</i></p> <p>Purses, backpacks and bags. Has a collection of about 100.. Likes to dance, likes to sing, likes to be around friends. Loves to swim. Spends her money on rings and bracelets and of course purses. Likes clothes. Likes going out to eat. Travels with her family, went to Reno and NYC.</p>
<p style="text-align: center;"><i>Talents, Skills and Knowledge</i></p> <p>Can match and sort. Recognize some simple sight words. Can match numbers and letters. Counts to 15-20. Good calendar skills. Able to travel safely and independently after trained on new routes. Good gross motor skills, fine motor can be challenging. Likes semi-physical tasks- lite cleaning, folding, hanging, cooking, delivering, likes desk work too (but does not read). Loves dancing- great sense of rhythm.</p>	<p style="text-align: center;"><i>Learning Styles</i></p> <p>Needs repeated practice to learn new skills. Modeling and verbal cues work best. <u>Needs</u> routine and structure.</p>
<p style="text-align: center;"><i>Values</i></p> <p>Family and being with her friends. Having fun. Her stuff. Being independent.</p>	<p style="text-align: center;"><i>Positive Personality Traits</i></p> <p>Very outgoing. Great sense of humor- loves to laugh. Loves to help others. Proud of her ability to do things independently. Works hard to complete her assigned tasks- once she knows what to do.</p>
<p style="text-align: center;"><i>Environmental Preferences</i></p> <p>Likes busy, rowdy environments. Loves music and fun people. Likes organization- and knowing where things go. Needs structured tasks to be successful. Likes friendly casual places.</p>	<p style="text-align: center;"><i>Dislikes</i></p> <p>Being told she is doing something wrong. Bossy people. People telling her how to do something once she knows how. Quiet places are boring.</p>
<p style="text-align: center;"><i>Work Experiences</i></p> <p>AMB, office clerk, cleaned kitchens and conference rooms. Restocked work areas.</p> <p>Gap cleaned dressing rooms, processed incoming merchandise, collects and sorts hangers.</p> <p>Volunteers at Project Open Hand, the SF-Food Bank, Rainforest Action Network,</p>	<p style="text-align: center;"><i>Support System</i></p> <p>Mom and Brother in SF- another brother in Sacramento</p>
<p style="text-align: center;"><i>Specific Challenges</i></p> <p>Difficult to understand her speech, overweight- limited endurance, Counting and "math" are difficult. Speed is an issue. Time skills are limited. A little "inflexible" when things change- or she does not want to do something.</p>	<p style="text-align: center;"><i>Solutions and Accommodations</i></p> <p>Picture checklists work well. She loves to check things off as she completes the task. She can use them to communicate with her manager about what she has completed. Loves using the calendar/planners.</p>
<p>Career Ideas and Possibilities to Explore</p>	